

Student's Name: _____

Sermon Notes for November 5th

“Recognizing that You’re Forgiven”

Sermon Text: **Psalm 103:1-13 (NIV)**; New Testament Text: **Ephesians 4:29-32 (p. 1244)**;

Gospel Text: **Matthew 6:14-15 (p. 1031)**.

Psalm 103:1-13(NIV): Praise the LORD, my soul; all my inmost being, praise his holy name. ²Praise the LORD, my soul, and forget not all his benefits—³who forgives all your sins and heals all your diseases, ⁴who redeems your life from the pit and crowns you with love and compassion, ⁵who satisfies your desires with good things so that your youth is renewed like the eagle’s. ⁶The LORD works righteousness and justice for all the oppressed. ⁷He made known his ways to Moses, his deeds to the people of Israel: ⁸The LORD is compassionate and gracious, slow to anger, abounding in love. ⁹He will not always accuse, nor will he harbor his anger forever; ¹⁰he does not treat us as our sins deserve or repay us according to our iniquities. ¹¹For as high as the heavens are above the earth, so great is his love for those who fear him; ¹²as far as the east is from the west, so far has he removed our transgressions from us. ¹³As a father has compassion on his children, so the LORD has compassion on those who fear him.

Read **Psalm 103:1-13 (NIV)** above while listening to the sermon, then answer the questions below.

1. Read **Psalm 103:1** above. Why do you think King David, the author of this Psalm, begins by praising the Lord with his soul and his inmost being (his spirit)?
2. Read **Psalm 103:2-5** above. List the four benefits King David tells will belong to those who know and trust the Lord.
3. Read **Psalm 103:6-7** above. God spoke to Moses and showed him how he was to lead the Israelites. Can you think of some ways God showed His mighty deeds to the people?
4. Read **Psalm 103:8-10** above. List four qualities of God found in these verses that would make you feel safe approaching God in prayer and sharing your heart with Him. (There are 8 qualities listed in the verses.)

5. Read **Psalm 103:11** above. How does that verse make you feel about the amount of love God has for you?

6. Read **Psalm 103:12** above. What 2 things is God telling us in this verse?

7. No matter what sins you have committed, why should you be able to forgive yourself?